

# CAPITAL DISTRICT ORAL & MAXILLOFACIAL SURGEONS, LLC

Dr. Stephen DeMarco\*\*

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[www.cdomsllc.com](http://www.cdomsllc.com)

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## **Pre-Operative Instructions for IV Sedation**

1. Patients are instructed NOT to eat or drink ANYTHING (including water) for 6 hours before surgery. If you are required to take medications in the morning, use the least possible amount of water.
2. A responsible adult must accompany you to the office and remain in the Waiting room during the procedure. DO NOT plan to go home alone by bus or taxi.
3. If you are a diabetic, special instructions will be given to you concerning meals and medications before and after surgery.
4. Notify our office prior to your surgical date of any changes in your medical condition and/or medication.
5. Wear a comfortable shirt or blouse with short sleeves to facilitate starting the I.V.
6. DO NOT plan to drive or operate machinery for the entire day following our sedation and surgery. After your surgery, plan to rest at home for the remainder of the day.
7. If you wear contact lenses, it is advisable not to wear your lenses during surgery, so that your eyes do not become dry or irritated.
8. Bring in your iPod or CDs to play during surgery. We have CD players and headphones for you if you do not have your own.
9. Have plenty of ice and a cold soft diet available at home for the first 24 hours following your surgery.

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